

## **Yoga Instructor at Sandycamps**

### **Summary:**

As a yoga instructor you are not just teaching yoga here at Sandycamps. Along with an international team, you create a positive, friendly and motivating atmosphere at the camp. Our yoga instructors teach 2 yoga lessons per day, leaving a lot of flexibility to work on their own practice, share their knowledge with the guests, and shape and prepare the yoga Shala to their liking. You will plan your classes carefully to fit with the guest activity schedule and our yoga philosophy. Here, you will give every student personal attention during and outside of your classes, building deeper interpersonal relationships and connections in your class. There is a lot of freedom to offer extra classes and services, according to your experience. You need to be flexible, service minded, well organized, and of course very passionate about teaching.

Minimum 2 months, up to 3 months.

### **Core duties:**

- Teach yoga classes 6 days a week:
  - o progressive 1 hour morning Hatha Yoga classes, 7h00 to 8h00
  - o deep 1 hour evening Yin and/or Restorative yoga classes, 19h00 to 20h00
- Teach from the vast tradition of Yoga, seamlessly interweaving precise alignment cues, yogic philosophy, pranayama, visualization, meditation practice, relaxation, and some mantra or chanting if possible, to inspire students of all levels
- Set up, help serving and clear lunch: assisting in serving meals, laying/clearing the tables, and helping the general smooth running of the camp life to give each guest's a great experience!
- Facilitate, lead and supervise group exercise classes and programming
- Prepare classes that meet the individual needs of participants, in harmony with the goals; establish clear objectives for all lessons, projects, and communicate these objectives to the guests
- Demonstrate effective class formats, leadership skills, and sensitivity to all levels of exercise
- Ensure all equipment and supplies are accessible prior to class beginning
- Take care everyday of the equipment and its maintenance before and after yoga lessons, and maintain the yoga shala and facilities clean and welcoming
- Participate in collective activities and animations (games, bone fire, etc.)
- Participate in all staff meetings

### **Other duties include but are not limited to:**

- Welcome each guest on arrival, finding out their expectations & requirements prior to teaching their first class
- Say goodbye to guests at the end of their stay
- Be present and available before and after each class offering personal time for questions and some extra private tuition as and when requested.
- Focus your time and energy on offering caring, thoughtful & intelligent support to guests, on and off the mat, to maximize the development of their personal yoga practice & yoga journey as a whole.
- Join our guests for breakfast, lunch and dinner
- Hosting: building a rapport with guests, meeting their every need, answering questions,
- Act as a leader in emergency situations. Report any accidents or incidents to the Manager
- Ensure the site, equipment and supplies are appropriate to the activity and environment to reduce and minimize risk to other staff and participants
- Perform other job-related duties as assigned

**Qualifications and skills:**

- Minimum of 20 years of age
- Be eligible to stay at least 3 months in Morocco
- Excellent working level in English
- Yoga qualifications at a recognized educational institution, e.g. Yoga Alliance, ETP, and at least a 200 hours certification
- Very good knowledge of and experience teaching Hatha and Yin yoga
- Minimum of six months experience teaching Yoga
- Have a valid insurance to teach yoga and travel insurance

**Skills and Ability Requirements:**

- Ability to properly prepare, choreograph, teach all required classes
- Must be able to meet the physical aspects of the position, including walking, standing, bending, and reaching for extended periods
- Be an enthusiastic, sociable and dedicated member of the team as host and teacher
- Excellent Leadership skills with outgoing and caring personality
- Good customer service and communication (written and verbal) skills to coach and mentor yoga classes, including projecting voice across distance in normal and loud situations
- Ability to work effectively with a wide range of yoga levels in a diverse community
- Adequate ability to hear noises and distinguish distress signals
- Ability to respond effectively to inquiries or complaints

**Benefits:**

- 3 healthy meals per day everyday
- Accommodation in a shared staff bedroom at the camp
- One day off per week to chill and visit the surroundings
- Free access to dedicated team surf equipment
- Opportunity to join the day-trips to Essaouira (when free spot available)
- Opportunity to live by the ocean, surfing a consistent world-class wave with 300 days of sun per year, eat healthy food and discover a vibrant culture, while sharing this experience with an amazing team of like-minded people
- Gain experience and skills as a yoga instructor, team player and as a person